

A short driving course on the Skki Trikke.



Learning to ride is very simple and it is enough to spend 15 minutes to ride efficiently on the slope. Below we present a shortened Skki Trikke driving course. Please remember a few basic rules when driving for the first time.

1. Please stand with your feet on the platforms in a straight silhouette. Stand so as to rest your body weight on the steering wheel. The silhouette can even be tilted forward so that the head can be in front of the steering wheel.



2. Place your hands on the side of the steering wheel. The steering wheel is set at the right angle to make the wrist feel light and at ease. We fasten the safety leash.



3. The hips are close to the stem. This is important!! **NEVER, EVEN IN A TURN, WE NEVER TILT YOUR HIPS BACK !!** We do not do the so-called toilet, that is, the lower back to the back. This must not be done. Because by leaning back, we take the load off the front of the skis and the front ski, accelerate them. And we lose control of the direction of travel and speed. On the first day of driving, there will be such a driving technique that we will be able to tilt the body backwards to accelerate spectacularly in the turn. But first, the hips at the steering wheel!
4. Please remember another important thing: **THE STEERING WHEEL IS NOT USED TO TURN !!** We make turns with the balance of the body. Through the handlebars we press the edges of the skis against the slope. We can only turn the steering wheel at low speed on a flat slope.
5. We put our legs on platforms, freely, comfortably, tall people further away, short people closer. The heel may extend beyond the platform but need not. This is a good position for dynamic driving.



However, on very steep slopes, we can place our feet in the middle of the platform or even at its beginning. The legs never fall off the platforms, they are firm and very safe to hold. It is a great advantage of Skki that everyone can comfortably place their legs on the platforms. No foot pain.



6. When turning, it works:

- the lower ski or the outer leg presses against the platform
- and the inner hand with which we keep the edge in a twist. **You just need to rest your weight on your inner arm while turning**, and Skki will turn by itself and hold the edge firmly.



7. During the first ride, first make a traverse, starting on one side across the slope, resting the weight of the body on the inner arm, stopping as you go up the slope. Then we change direction and ride with our weight on the other hand. Remembering to keep your hips close to the steering wheel. This can be repeated several times.

8. The turn is made by throwing the body weight over the slope line. Keeping the hips in mind and we are still with the body weight close to the steering wheel. Skki will turn itself! During a turn, the whole body is placed on the slope in the direction of the turn. Please trust the edges, Skki will not lie aside.



9. Then practice the short turns going down the slope with a more abrupt change of direction.

10. The next, most important and last element of driving lessons is braking. It consists in a sharp tilting of the Skka to the side, with a simultaneous strong pressure of the leg on the outer platform (ski) and strong pressure on the slope of the steering wheel through the hands and the shoulder girdle. You have to "throw" SKki and force him to dig into the snow.



The entire driving course will not take more than 15 minutes. Later, we can enjoy the ride, freedom and freedom on the slope.
Here's a video of all Skki Trikke riding lessons. What we described above is shown live:

Driving school - INSTRUCTION FILM <https://youtu.be/DxAMQqSr7Es>

Riding on the lifts:

Chairlift : <https://youtu.be/ZTSpvhtKH4g>

Gondola : <https://youtu.be/nbbbLmQ6mjY>

T-bar : <https://youtu.be/kNYz57UD00Q>

We wish you a lot of fun.

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